

FAST® Trainer Intern Path to Certification

The FAST® Training of Trainers is a 5-day comprehensive, hands-on preparation event for potential Certified FAST® Trainers. This Training does not certify you to be a Certified FAST® Trainer or to run FAST®. You will only become a Certified FAST® Trainer when you have completed all the steps of the certification process as outlined below. FAST® Training of Trainers is open for eligible Team Members who have completed a full training cycle – Phase I, II, III.

Becoming a Certified FAST® Trainer is a 6-step process

1. Serve as a team member for a full FAST® training cycle – Phase I, II, III.
2. Complete and submit a FAST® Trainer Intern Application
3. Attend a FAST® Training of Trainers
4. Complete an internship under the mentorship of a Certified FAST® Trainer Supervisor within one year of conference attendance
5. A recommendation from your Certified FAST® Trainer Supervisor will need to be submitted to Families & Schools Together, Inc.
6. Receive Certification from Families & Schools Together, Inc.

As a FAST® Trainer Intern Candidate

FAST® Trainer Intern candidates who complete the Training of Trainers will fulfill their internship requirements under the mentorship of a Certified FAST® Trainer Supervisor. The Trainer Intern will train a site to certification:

- Facilitate Phase I: Two (2) full days of training; Phase II: Three (3) on-site visits and debriefings; Phase III: One full day team debriefing and training after cycle ends
- Consult regularly with Certified FAST® Trainer Supervisor to prepare for, run and review the FAST® Cycle during your internship
- Participate in regular meetings/calls with Certified FAST® Trainer Supervisor
- Demonstrate knowledge of FAST® Program, fidelity, research and implementation
- Build effective relationships with teams
- Complete and submit all reports accurately and on time

As a Certified FAST® Trainer

- At completion of the full internship cycle, the intern must be recommended for Trainer certification by the mentoring Certified FAST® Trainer Supervisor.
- Once certified, FAST® Trainers must attend a Training of Trainers every three (3) years to maintain their certification.
- Certified FAST® Trainers are authorized to provide FAST® trainings for a specified agency, school, district etc. as defined on their certification document.
- Certified FAST® Trainers may be contracted to provide additional FAST® trainings only by Families & Schools Together, Inc.

Name: _____
Organization: _____ Job Title: _____
Address: _____
Cell Phone: _____ Home Phone: _____ Work Phone: _____
Email: _____

What is your Educational Background/Professional Certification?

What are some current Volunteer/Community Activities you are involved in?

Are you able to facilitate groups in any language other than English? _____ Please specify languages: _____

Why do you want to become a Certified FAST® Trainer?

How would others describe your strengths and weaknesses as a potential FAST® Trainer?

Talk about your experience giving constructive feedback to others.

Talk about your experience facilitating small and large groups.

Give examples, in the following areas, of your skills/experiences that would make you an effective Certified FAST® Trainer:

- a) Maintaining Program Fidelity
- b) Parent Empowerment
- c) Leadership
- d) Managerial/Organizational Skills

At which FAST® site(s) did you serve as a Team Member?

Site	When	Role on Team	FAST® Trainer
1			
2			
3			
4			
5			

What was the impact of FAST® on your school and community?

What was one challenge that your team(s) faced? How did you overcome this challenge?

Describe a FAST® situation in which parents were not empowered and what your role was in addressing this.

Do you have a plan for participating in a FAST® cycle to complete your FAST® Trainer Internship? Please explain:

Please attach a letter or email with a recommendation for you from someone knowledgeable about your FAST® experience

- I have read, understand and agree with the FAST® Trainer Intern Path to Certification.
- I understand that I will be required to complete State and Federal Criminal History Checks prior to serving as a Certified FAST® Trainer.

Name (printed): _____

Signature: _____ Date: _____