

1. WHAT IS A SPONSORED CERTIFIED FAST® TRAINER?

A Sponsored Certified FAST® Trainer is a Certified FAST® Trainer that is connected to a particular organization or entity, and may conduct new trainings and re-trainings for the organization at which they are employed when certified (sponsoring organization). As with all Certified FAST® Trainers, they may be certified in any or all levels of FAST®. Trainers must attend a FAST® Training of Trainers every three years for Re-Certification. A Sponsored Certified FAST® Trainer can be a tremendous asset in sustaining and expanding FAST® in your community.

2. WHERE CAN A SPONSORED CERTIFIED FAST® TRAINER TRAIN?

A Sponsored Certified FAST® Trainer may only train at sites where their employer is implementing FAST. The only way to train in other locations is to contract directly with Families & Schools Together, Inc.

3. CAN A SPONSORED CERTIFIED FAST® TRAINER TRAIN NEW SITES IN ANOTHER STATE THAT ARE FUNDED BY THE SPONSORING ORGANIZATION?

If the sponsoring organization has a nationwide or regional presence, a Sponsored Certified FAST® Trainer may only train in the state in which he or she was certified and in the local area where he or she is employed. For example, if an organization is headquartered in Wisconsin, but has additional locations in Minnesota and Illinois, a Sponsored Certified FAST® Trainer that lives and works in Wisconsin, may only conduct trainings for the sponsoring organization at which they are currently employed, and only in Wisconsin. Additional Sponsored Certified FAST® Trainers would have to be developed for work in Minnesota or Illinois locations.

4. BENEFITS TO DEVELOPING A SPONSORED CERTIFIED FAST® TRAINER

Families & Schools Together, Inc. supports long-term sustainability and fidelity of local FAST® Programs, and therefore offers a comprehensive training and continuing education process. To that end, Families & Schools Together, Inc. recommends local communities invest in Sponsored Certified FAST® Trainers who can assure local FAST® Teams receive high quality, cost-effective training. A Sponsored Certified FAST® Trainer is an employee of and can only conduct trainings for the agency of their employment.

5. LONG TERM COST SAVINGS FOR DEVELOPING A SPONSORED CERTIFIED FAST® TRAINER

Total fees to become a Sponsored Certified FAST® Trainer are \$9,170 (\$2,500 for the Training and \$6,670 for the Internship Package). Without a Sponsored Certified FAST® Trainer, the fee for each new FAST® Training Cycle is \$6,045. Once you have attained your own Sponsored Certified FAST® Trainer, the fee for each new FAST® Cycle is the \$1,125 evaluation fee.

6. IF I CHANGE EMPLOYERS, CAN I TRAIN FOR MY NEW EMPLOYER AS A SPONSORED CERTIFIED FAST® TRAINER THERE?

The Certified FAST® Trainer Sponsorship is funded, cultivated, and supported by the initial Sponsoring Organization at which the Trainer is currently employed. This Sponsoring Organization owns the Sponsorship. Therefore, sponsorship is non-transferrable. Contact Families & Schools Together, Inc. if you are changing employers to receive guidance with the next steps in beginning a new Sponsorship.

7. DEVELOPING A SPONSORED CERTIFIED FAST® TRAINER: THE PROCESS

Becoming a Sponsored Certified FAST® Trainer is a three step process. Depending on past involvement with the FAST® Program, one or more of these steps may already have been completed, and thus related costs may already have been incurred. The following page explains the 3 step process in detail.

Step 1: Experience FAST® by serving as a team member for the level of interest

The FAST® Team training takes place in the local community and is facilitated by a Certified FAST® Trainer. Every Team Member must attend all three phases of training.

- Phase I: Two day training session (2-4 weeks prior to first session start)
- Phase II: Eight or ten weekly program sessions (depending on FAST® level)
- Phase III: One day debriefing session (2-3 months after cycle concludes)

The time commitment for team members, depending on the program level, is an average of 120 hours (including both planning time and implementation). Total cost to the Provider for training and evaluation is approximately \$6,045, depending on program level. After completing all three phases of FAST®, the individual must receive a formal recommendation from the Certified FAST® Trainer in order to move on to the next step.

Step 2: Attend a FAST® Training of Trainers

FAST Training of Trainers are held annually (at minimum) over the course of five days (40 hours) and consist of coursework and training. Anyone who serves as a team member is eligible to attend the Training of Trainers; however, attending the Training of Trainers prior to serving on the team is not permitted. Before attending a Training of Trainers, a Trainer Intern Application must be submitted to Families & Schools Together, Inc. for formal approval. The cost for an individual to attend a Training of Trainers, depending on level, is \$2,500 for the training registration fee, plus travel expenses. Please visit our website www.familiesandschools.org to learn more about an upcoming FAST® Training of Trainers opportunity.

Step 3: Intern with a Certified FAST® Trainer Supervisor

The Certified FAST® Trainer Supervisor must be certified in the specific level (i.e. Elementary, Middle or High School) in which the FAST® Intern is seeking to become certified. During the internship, the FAST® Intern will facilitate, under the guidance of a Certified FAST® Trainer Supervisor, the full process of training a team and successfully completing all three phases of FAST. This step is necessary in order to gain hands-on experience specific to the role of Certified FAST Trainer, as opposed to the role of team member, and must be completed within one year of attendance at the FAST Training of Trainers.

- Phase I: Certified FAST® Trainer co-facilitates the two-day training with the Intern (2-4 weeks prior to first program meeting)
- Phase II: Certified FAST® Trainer co-facilitates three site visits during the program
 - Visit One: First night of the weekly sessions
 - Visit Two: Third week of the weekly sessions
 - Visit Three: Graduation night
- Phase III: Certified FAST® Trainer and FAST Intern return for a one day debriefing session (2-3 months after cycle concludes)

The time commitment for the internship is around 48 hours. The total cost for the Internship Package including training, evaluation, licensing, and intern supervision is \$6,670. Upon successful completion of the internship, a professional recommendation must be given by the Certified FAST® Trainer Supervisor to Families & Schools Together, Inc. to qualify for official Certification. Before engaging in trainings, Families & Schools Together, Inc. will require a FAST® Training Agreement to be signed. Certification is valid for three years from the completion of the internship, after which time Re-Certification training is required. A Sponsored Certified FAST® Trainer will remain an organization’s Sponsored Certified FAST® Trainer as long as they are employed at the organization. A Sponsored Trainer is also responsible for submitting all required Trainer/Training paperwork to the Families & Schools Together, Inc. office for each Training Cycle.