

FAST® is both research-based and values-based. Each person involved in implementing FAST is expected to uphold and demonstrate the FAST® Values in every aspect of their involvement in the program.

The core values of FAST at the Middle School level are as follows:

1. Youth contribute a unique perspective and should be listened to.
2. To succeed in life, youth need a caring adult with time available to be there for them.
3. Parents are capable of being primary prevention agents for their own youth.
4. Families are central and critical to the educational performance of youth.
5. Stress and social isolation diminish parental effectiveness; social support increases parental effectiveness.
6. Trusting relationships support the ability of families to access helping resources.
7. Policies and practices of organizations should always support and include parents to enhance the parent-youth relationship, rather than undercut or isolate the parent from his or her youth.
8. Schools should be welcoming to all families.
9. Alcohol and other drug abuse keep families from succeeding; prevention, intervention, and treatment of the disease of chemical dependency increase success.
10. Collaboration across systems to address the needs of at-risk youth is a necessary and important process.
11. Poverty, racism, and sexism adversely affect youth in their development.
12. All parents love their children and want a better life for them.

PRINT NAME

TEAM POSITION

SIGNATURE

FAST® SITE

DATE