

Please take a few minutes to complete this evaluation form. Our goal is to provide you with effective training to set your team up for success in implementing your first FAST® Program.

<b>How helpful was today’s training in providing information about the following?</b>	Rating scale: 1= not very helpful, 5= extremely helpful				
FAST Overview	1	2	3	4	5
Roles and Responsibilities of team members	1	2	3	4	5
Table Based Coaching	1	2	3	4	5
Family Meal	1	2	3	4	5
Ice Breaker	1	2	3	4	5
Family Project	1	2	3	4	5
Discussion	1	2	3	4	5
Peer Group/Youth Group/Mentor Group	1	2	3	4	5
One- on-One Dyad Discussion Time-Youth	1	2	3	4	5
One-on-One Time Discussion -Adult and Youth	1	2	3	4	5
Buddy Time	1	2	3	4	5
Parent Group	1	2	3	4	5
Kid’s Time	1	2	3	4	5
Elective-Mutual Affirmations	1	2	3	4	5
Elective-Solo Writing and Reflections	1	2	3	4	5
Reciprocity	1	2	3	4	5
Closing circle/Announcements/Rain	1	2	3	4	5
Community Service Project	1	2	3	4	5

1. What part of today’s training did you like best? **Please focus your comments on the substantive parts of the training (learning about FAST, the FAST team roles and responsibilities, and the program components).** What did you like about it?
  
2. What part of today’s training did you like least? **Again-- please focus your comments on the substantive parts of the training (learning about FAST, the FAST team roles and responsibilities, and the program components).** What did you not like about it?
  
3. Do you have any feedback about the non-substantive parts of the training (pace, length/number of breaks, etc.)? If so, please provide it here.



Phase I Training Evaluation- Online Portion [Link found here:

<https://forms.gle/gJhzi5ik6hXneWcU7>]

*This information will appear in the short online survey that will be sent to participants and will go back to the FAST office.*

**EFFECTIVENESS**

<b>How effective was your FAST Trainer in providing information about the following:</b>	<b>Scale: 1-5 (1=not very, 5=extremely)</b>				
FAST® Overview	1	2	3	4	5
Roles and Responsibilities of the FAST Team	1	2	3	4	5
Evaluation process	1	2	3	4	5
Criteria for team certification	1	2	3	4	5
Recruitment and Retention	1	2	3	4	5
FAST® Values Discussion	1	2	3	4	5
Preview of Site Visit Report	1	2	3	4	5

**TRAINER QUALITIES**

<b>To what extent was your trainer...</b>	<b>(1=not very, 5=extremely)</b>				
Accessible	1	2	3	4	5
Knowledgeable	1	2	3	4	5
Responsive	1	2	3	4	5
Empathetic	1	2	3	4	5
Flexible	1	2	3	4	5

**FAST COMPONENTS**

<b>To what extent did the trainer prepare the team in understanding the following core components of FAST:</b>	<b>(1=not very, 5=extremely)</b>				
Table-based coaching	1	2	3	4	5
Parent empowerment	1	2	3	4	5
Underlying research of FAST	1	2	3	4	5
Implementing FAST Activities within fidelity of program	1	2	3	4	5
Team dynamics, empowerment and conflict resolution	1	2	3	4	5

**WORKING WITH TEAM**

<b>How effective was your trainer in the following areas:</b>	<b>(1=not very, 5=extremely)</b>				
Explaining FAST policies and procedures	1	2	3	4	5
Building a relationship with you and your team	1	2	3	4	5
Being sensitive to the unique needs of your site based on the culture of your school community	1	2	3	4	5
Trouble-shooting conflicts between team members	1	2	3	4	5
Providing technical assistance to the team	1	2	3	4	5

How prepared do you feel to begin your first FAST session?

- Not very prepared
- Somewhat prepared
- Prepared
- Very prepared

Is there anything you need from your trainer or the FAST office in order to feel more prepared to begin your first FAST session?

Do you have any questions for your trainer or the FAST office? If so, what are your questions?