

Families and Schools Together Core Components (40%)

	Ideal	Adequate	Unacceptable
Values & Goals	Team (including replacements) subscribes to values and goals of FAST; discuss and sign Values Statement.	No signed forms; replacements did not discuss values with the team.	Team does not subscribe to the values and goals of FAST; no discussion of values; no signed FAST Values; replacement team members did not review values before joining the FAST Team.
	0	1	2
Collaborative FAST Team	<p>Year 1: Team includes one parent, one school partner, two community representatives.</p> <p>Year 2: Team includes FAST parent graduates.</p> <p>The team reflects the ethnic/socio/linguistic demographics of invited families.</p>	<p>Community members might fulfill function by a culturally representative elder without professional credentials, if they can carry out the role of knowing community resources and help referring parents for intensive appropriate services.</p> <p>The team reflects the ethnic/socio/linguistic demographics of invited families.</p>	<p>The team does not include parent partner, school partner, or community partner.</p> <p>OR</p> <p>The team includes parent, community, and/or school personnel in overlapping roles.</p> <p>OR</p> <p>The team does not reflect the ethnic/socio/linguistic demographics of invited families.</p>
	0	1	2
Frequency of the FAST meetings	<p>Team conducts FAST meetings at least weekly for 8 weeks.</p> <p>Team supports FAST graduate parents to lead monthly meetings for graduate families.</p> <p>Parent graduates co-lead FAST groups with school and community partners' support.</p> <p>Teachers collaborate with FAST parent graduate leaders to offer monthly family activity nights for all families.</p>	<p>Team conducts at least 8 FAST meetings with no more than 1 week between meetings; if 2 weeks break must add a 9th week.</p> <p>School FAST Team supports FAST parent graduates to become leaders to run monthly meetings and struggles with this transition despite attending FASTWORKS training.</p>	<p>Team conducts fewer than 8 weekly FAST meetings.</p> <p>OR</p> <p>Team allows more than 3 weeks break between the 8 weekly sessions without repair strategy.</p> <p>OR</p> <p>Team does not support parent graduates to gradually develop leadership to then lead monthly FASTWORKS sessions.</p> <p>OR</p> <p>Team does not support or fund monthly FASTWORKS sessions.</p>
	0	1	2
Referrals	Team accepts ONLY voluntary family participation; preferred universal recruitment and/or self-referrals.	If the funding source specifies or recruitment is driven by community needs, criteria based participation is allowable as long as both parents and youth are informed about the criteria for participation.	Team accepts referrals for mandatory participation in FAST, i.e. families or youth participate involuntarily.

	0	1	2
Recruitment & Outreach	<p>School Principal supports FAST and sends universal invitation letter to all parents.</p> <p>Teachers encourage parents to try coming to FAST once.</p> <p>Team provides 15 minute minimum of one-to-one outreach to recruit each parent with face-to-face contact; visits are flexible on time & place for contact.</p> <p>Team offers repeat home visits to recruit “hesitant” parents.</p>	<p>The team subscribes to a range of recruitment strategies, school letter, school pizza night, in-home recruitment, and varies outreach processes, which can be conducted by any of the collaborative hub team partners.</p>	<p>No school support from the principal or the teachers.</p> <p>The team does not subscribe to in-home recruitment.</p> <p>No FAST team members available to do outreach home visits for “hard to reach” parents.</p>
	0	1	2
FAST Traditions	<p>The team includes FAST traditions, such as FAST Hello, FAST Song, Closing Circle, and Rain.</p> <p>School Principal welcomes all families to FAST the first week either in each hub or in whole school setting.</p>	<p>The team adds elective traditions repeated each week at start through the end.</p> <p>Culturally representative team adds additional local cultural traditions which are repeated each week at start through the end (e.g. cultural adaptations can be made for the family activities if approved by the FAST Office).</p>	<p>Team is inconsistent each week with none vs. some FAST traditions.</p> <p>School does not include any weekly FAST traditions at the beginning or the end: no FAST Hello, no FAST Song, no Circle with Announcements & no RAIN.</p>
	0	1	2
FAST Flag	<p>The team provides FAST participant families the opportunity to construct a Family Flag or symbol.</p> <p>Team coaches parent(s) to be in charge of this activity to help each person to have a turn to put an item on the family flag.</p>	<p>Team provides an opportunity for an alternative family craft activity to make a family symbol expressing local cultural norms.</p> <p>If families join FAST up to the third week of FAST, team finds a way to help family make a family symbol.</p>	<p>Team does not provide each participant family the time, craft materials, space, support or coaching to construct a Family Flag/or symbol.</p>
	0	1	2
Family Interaction Games at the Family Table	<p>Team coaches parents to lead their family in two interactive communication games: Scribbles and Feelings Charades.</p> <p>Team helps parent manage the</p>	<p>Team includes weekly family interaction time for 15-30 minutes; FAST Office-approved alternative family activities contain the following:</p> <ul style="list-style-type: none"> • Parents in charge of family 	<p>Family interaction time occurs every week with the team in charge instead of parents; no table-based coaching occurs.</p> <p>OR</p> <p>Family interaction time occurs</p>

	0	1	2
	games and can sit at table and offer to help the parent manage unruly children.	interactions <ul style="list-style-type: none"> • Fair turn taking • Judgment free inquiries of each family member • Focus on family feelings & communication which are cross-cultural/universal. 	less than every week. OR Team does not keep family environment safe from conflict. OR Non-family members visit the table without parent permission, e.g. children or parents from another family, or a visitor.
Buddy Time	The team includes Buddy Time as one-to-one adult time every week for 15 minutes with parents setting the agenda; parents take equal turns to listen (married couples are together). Team checks on turn taking.	Buddy Time occurs every week for less than 15 minutes; no turn- taking/listening structure monitored.	Buddy Time every week with the team setting topic/agenda. OR Buddy Time does not occur every week. OR Buddy Time is not one-on-one. OR School partner is present.
Parent Group and Kids Time	<p>Parent Partner and Community Partner co-facilitate Parent Group for 45 minutes (no staff paid by the school is present); parents set their own topics and agenda; no new members after week 3; 3 to 10 per parent group; mothers meet in hub groups; fathers meet across the hubs; grandmothers meet across hubs; priority of gender/culture match to lead groups.</p> <p>Children activity time (60-75 minutes) facilitated by school staff, teachers, community representatives, volunteers, and recreational supports.</p> <p>Positive structured supervised activities are offered, with choices for small groups which are developmentally appropriate and positive and creative time; some quiet, some active physically; babies are held.</p>	Parent group is less than 45 minutes per week; more than 10 people in the room; no gender or culture match by parent group facilitator.	The team facilitates weekly Parent Group but with school personnel present and/or there is no parent partner in parent group. OR Parent Group is conducted less than every week. OR Didactic lectures or lead topics to teach parents in the group. OR Children are not supervised; Children’s time is unsafe. TV or screen time is used for children’s time

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Special Presentation	Topic is chosen by parents during the 3rd week session. Presentation is given by the community based partners.	The funding source determines the overarching theme for the topic; however, parents are given the opportunity to choose a topic based on that theme. Any team member or community representative provides the presentation.	Team selects the theme of the presentation with no parent input. Presentation is not done with all of the families together.
	0	1	2
Graduation	Graduation Ceremony theme is driven by parents. Principal is asked to participate in ceremony with parent permission. Personalized affirmations are read within the Parent Group. Parents write affirmations for youth. At parents' discretion, guests are invited to FAST Graduation. Family certificates presented to family through the parent(s).	Parents decide not to have a Graduation Theme. Neither principal nor guests attend the FAST Graduation. An additional week was used to conduct the graduation ceremony and complete surveys.	Parents are not given a choice about a graduation theme; team makes this decision. Team does not prepare personalized affirmations to read in Parent Group. Guests are allowed within Parent Group without participating parent permission being given. All of the FAST Components were not done on graduation night (excluding additional week added).
	0	1	2
Incentives	Team includes the reciprocal incentives package which must have both of the following: <ul style="list-style-type: none"> • Each family is informed that they will win the lottery basket once over the 8 weeks: fixed Raffle/lottery • Raffle/Lottery basket is generous and appealing • Meal is prepared by the parents in connection with winning the fixed lottery (each family wins once/cooks only once) • Parent selects one child to serve parent the meal • All adults are served first • Transportation is free • Infant-care is on site 	Team makes part of the meal while most of the food is provided by the family who won gift basket as a family OR Team does not offer any incentive package: no raffle/lottery. OR More reciprocal incentives added fairly for everyone.	Meal is prepared by non-family. OR Parent meal is not served by child. OR Winning as a family is due to chance. OR Gift winnings are not reciprocal with meal preparation. OR Other incentives included as charity: not reciprocally, not respectfully, or not fairly.
SUB-TOTALS			
		GRAND TOTAL:	