

Families and Schools Together Core Components (40%)

	Ideal	Adequate	Unacceptable
Values & Goals	Team (including replacements) subscribes to values and goals of FAST; discuss and sign Values Statement.	No signed forms; replacements did not discuss values with the team.	Team does not subscribe to the values and goals of FAST; no discussion of values; no signed FAST Value Statements exist, nor do replacement team members review values before joining the FAST Team
	0	1	2
Collaborative FAST Team	Team includes three youth partners, one parent partner, one school partner, and one community-based partner. The team reflects the gender, ethnic, socioeconomic, and linguistic demographics of invited families. Team includes at least 50% youth.	Same community-based agency with two representatives in non-overlapping roles (e.g. separate staff in substance abuse and mental health roles). Team includes at least 50% youth. The team reflects the gender, ethnic, socioeconomic, and linguistic demographics of invited families.	Team does not include parent partner, school partner, or community agency, or youth representation. OR There are fewer than six Team Partners in overlapping roles. OR Team composition does not reflect socio-demographics of the invited families.
	0	1	2
FAST for High School: Youth Group That Meets Outside the Multi-Family Sessions	Team conducts four separate Youth Group meetings prior to the start of multi-family group sessions. Parent/mentor and youth attend multi-family group. Gender/ethnicity of group leader matches youth. As a group, youth decide the topic for One-to-One Time with parents. Youth Group is co-facilitated by the Youth Partners and a Youth Advocate.	Team conducts two or three Youth Group sessions before the multi-family group starts. Topic for One-to-One Time selected by the youth participants. Gender and ethnicity of group leaders do not match youth. Youth are in the after school youth group without bringing their family to FAST sessions. Youth Group is co-facilitated by the Youth Partners and a Youth Advocate or School Partner.	Youth Group meetings begin at the same time as multi-family FAST sessions. Or Youth Group only meets at FAST; separate Youth Group does not exist. Or Youth Group is not co-facilitated by Youth Partners.
	0	1	2
Frequency of the FAST meetings	Team conducts FAST meetings weekly for 8 to 10 weeks.	Team conducts at least 8 FAST meetings with no more than 1 week between meetings; if 2 weeks break must add a 9 th week.	Team conducts less than 8 weekly FAST meetings; or more than 3 weeks between sessions.
	0	1	2
Referrals	Team accepts ONLY voluntary family participation; preferred universal recruitment and/or self-referrals.	If the funding source specifies or recruitment is driven by community needs, criteria based participation is allowable as long as both parents and	Team accepts referrals for mandatory participation in FAST, i.e. families or youth participate involuntarily.
	0	1	2

		youth are informed about the specific criteria for participation.	
	0	1	2
Recruitment & Outreach	The team conducts outreach to relate to parents with face-to-face contact, flexible time & place; home-visit for recruitment conducted by the parent partner with a professional team member.	The team subscribes to a 15-30 minute face-to-face recruitment practice and varied outreach processes which is conducted by any collaborative team partner.	The team does not subscribe to face-to-face recruitment.
FAST Traditions	The team includes FAST traditions, such as the Meal, Parent/ Youth Group, a Closing Ritual with Announcements, each week. Meal is catered by a designated vendor with food choices being selected by the youth participants. Meal is served buffet style each week	The team adds elective traditions repeated each week at start through the end. Culturally representative team adds additional local cultural traditions which are repeated each week at start through the end (e.g. cultural adaptations can be made for the family activities if approved by the FAST Office).	The team does not include any weekly traditions.
Family Interaction Time	Parents lead their own families in activity. The team does table-based coaching at each family table. Team keeps environment safe. Each family sits together as a unit separate from other families for 20-30+ minutes weekly while involved with pre-established FAST family activities. Parents are coached by adult team members and youth are coached by youth team members when appropriate (ex. One-to-one Time).	The team includes weekly family interaction time for 15-30 minutes or more (except in sessions 1, 5, & 8); FAST Office approved alternative family activities contain the following: <ul style="list-style-type: none"> • Parents in charge of family interactions; • Fair turn taking; • Judgment & conflict-free inquiries of each family member; • Age appropriate activities; • Exercises promote fun/laughter; • Focus on communication sharing and expression which are cross-cultural/universal. 	Family interaction time occurs every week with the team in charge of the activity instead of parents; no table-based coaching. Or Family interaction time occurs less than every week. Or The team uses developmentally inappropriate alternative activities during the family interaction time. Or Team does not keep setting and environment safe from conflict. Or Non-family members visit at the table without parent permission. Or Youth coach parents
	0	1	2

	0	1	2
Buddy Time	The team includes Buddy Time as one-to-one adult time every week for 15 minutes with parents setting the agenda; parents take equal turns to listen (married couples are together). Single adults rotate between partners in order to meet at least 3-4 new adults over the course of the FAST cycle.	Buddy Time occurs every week for less than 15 minutes; no turn-taking/listening structure monitored.	Buddy Time every week with the team setting topic/agenda. Or Buddy Time does not occur every week. Or Buddy Time is not one-on-one.
One-to-One Time	One-to-One Time of parent and one teen occurs for 15 minutes w/o interruption; team coaches at the table with respect for parent; team reviews One-to-One Time rules and gives positive feedback to the parent in an unobtrusive way. The team is available to assist parent and youth to ensure successful interactions. Daily homework of One-to-One time is emphasized.	Daily homework of One-to-One Time is not addressed each week. One-to-one rules are made available at each table.	Team doesn't explain how One-to-One Time is delivered. Or Homework never mentioned. Or Team sits in a corner and talks to each other, avoids coaching. Or Team lets 2- to-1 talk together. Or Parents ignore the teen.
Special Presentation	Topic is chosen by parents during the 3rd week session. The high school students are the target audience for the presentation, but it is done with all the families together. Presentation is conducted prior to generational peer groups. Presentation is given by the community based partners. Family Activity is incorporated into presentation.	The funding source determines the overarching theme for the topic; however, parents are given the opportunity to choose a topic based on that theme. Any team member or community representative provides the presentation.	Team selects the theme of the presentation with no parent input. Presentation is not done with all of the families together.

	0	1	2
Graduation	Graduation Ceremony theme is driven by parents. Principal is asked to participate in ceremony with parent permission. Personalized affirmations are read within the Parent Group. Parents write affirmations for youth. At parents' discretion, guests are invited to participate in FAST Graduation. Family certificates are presented to family through the parent(s).	Parents decide not to have a Graduation Theme. Neither principal nor guests attend the FAST Graduation. An additional week was used to conduct the graduation ceremony and complete surveys.	Parents are not given a choice about a graduation theme; team makes this decision. Team does not prepare personalized affirmations to read in Parent Group. Guests are allowed within Parent Group without participating parent permission being given. All of the FAST Components were not done on graduation night (excluding additional week added).
	0	1	2
Parent Group	<p>Parent Partner and Community Partner co-facilitate Parent Group for 45 minutes (no staff paid by the school is present); parents set their own topics and agenda; no new members after week 3; 3 to 10 per parent group; mothers meet in hub groups; fathers meet across the hubs; grandmothers meet across hubs; priority of gender/culture match to lead groups.</p> <p>Children activity time (60-75 minutes) facilitated by school staff, teachers, community representatives, volunteers, and recreational supports. Positive structured supervised activities are offered, with choices for small groups which are developmentally appropriate and positive and creative time; some quiet, some active physically; babies are held.</p>	Parent group is less than 40 minutes per week; more than 10 people in the room; no gender or culture match by parent group facilitator. Mentors of youth participants may also participate in Parent Group. Mentors may also hold a separate group if there are 2 or more attending sessions.	<p>The team facilitates weekly Parent Group but with school personnel present and/or there is no parent partner in parent group.</p> <p>Or</p> <p>Parent Group is conducted less than every week.</p> <p>Or</p> <p>Didactic lectures or lead topics to teach parents in the group.</p>

	0	1	2
Incentives	Team includes the reciprocal incentives package which must have both of the following: <ul style="list-style-type: none"> • Dessert is prepared by families in connection with winning as a family (each family wins once). • Transportation is free. • Infant care is on site. 	Team makes part of the dessert while most is provided by the family who won gift basket as a family Or Team does not offer any incentive package: no raffle/lottery. Or More reciprocal incentives added fairly for everyone.	Dessert is prepared by non-family. Or Winning as a family is due to chance. Or Gift winnings are not reciprocal with dessert preparation. Or Other incentives included as charity: not reciprocally, not respectfully, or not fairly.
Sub-Total			
		Grand Total:	