

**Families and Schools Together Core Components (40%)**

	<b>Ideal</b>	<b>Adequate</b>	<b>Unacceptable</b>
<b>Values &amp; Goals</b>	Team (including replacements) subscribes to values and goals of FAST; discuss and sign Values Statement.	No signed forms; replacements did not discuss values with the team.	Team does not subscribe to the values and goals of FAST; no discussion of values; no signed FAST Value Statements exist, nor do replacement team members review values before joining the FAST Team.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>Collaborative FAST Team</b>	Team includes at least one parent partner, two community partners from separate agencies, school partner, youth partner, and (adult) youth advocate in non-overlapping roles.  The team reflects the ethnic/socio/linguistic demographics of invited families.	Includes one parent and one school partner in non-overlapping roles, one community-based agency providing two separate staff, one youth representative and one youth advocate.  The team reflects the ethnic/socio/linguistic demographics of invited families.	Does not include parent partner, school partner, community agency, or youth representation. <b>OR</b> Includes parent, community, and/or school personnel in overlapping roles. <b>OR</b> The team does not reflect the ethnic/socio/linguistic demographics of invited families.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>Youth Group</b>	Team conducts four separate Youth Group meetings prior to the start of multi-family group sessions. Parent and youth attend multi-family group. Gender/ethnicity of group leader matches youth. As a group, youth decide the topic for One-to-One Time with parents.	Team conducts two or three Youth Group sessions before the multi-family group starts. Topic for One-to-One Time selected by the youth participants. Gender and ethnicity of group leaders match youth. Youth are in the after school youth group without bringing their family to FAST sessions.	Youth Group meetings begin at the same time as multi-family FAST sessions. <b>OR</b> Youth Group only meets at FAST; separate Youth Group does not exist. <b>OR</b> Neither gender nor ethnicity of the youth partners or advocate matches that of the youth.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>Frequency of the FAST meetings</b>	Team conducts FAST meetings at least weekly for 10 weeks.	Team conducts at least 8 FAST meetings with no more than 1 week between meetings; if 2 weeks break must add a 9 <sup>th</sup> week.	Team conducts less than 8 weekly FAST meetings; or more than 3 weeks between sessions.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>Referrals</b>	Team accepts <b>ONLY</b> voluntary family participation; preferred universal recruitment and/or self-referrals.	If the funding source specifies or recruitment is driven by community needs, criteria based participation is allowable	Team accepts referrals for mandatory participation in FAST, i.e. families or youth participate involuntarily.

		as long as both parents and youth are informed about the specific criteria for participation.	
	<b>0</b>	<b>1</b>	<b>2</b>
<b>Recruitment &amp; Outreach</b>	The team conducts outreach to relate to parents with face-to-face contact, flexible time & place; home-visit for recruitment conducted by the parent partner with a professional team member.	The team subscribes to a 15-30 minute face-to-face recruitment practice (flexible time and place), which is conducted by any collaborative team partner.	The team does not subscribe to face-to-face recruitment.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>FAST Traditions</b>	The team includes FAST traditions, such as the Meal, FAST Song, or a Closing Ritual with Announcements, each week.	The team adds elective traditions repeated each week at start through the end. Culturally representative team adds additional local cultural traditions which are repeated each week at start through the end (e.g. cultural adaptations can be made for the family activities if approved by the FAST Office).	The team does not include any weekly traditions.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>FAST Flag</b>	The team provides FAST participant families the opportunity to construct a Family Flag or symbol. Parents are in charge.		The team does not provide FAST participant families the opportunity to construct a Family symbol.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>Family Connections Board Game</b>	The team coaches parents to be in charge of turn taking during family interactions, utilizing the Family Connections board game during each weekly FAST® Session. Each family sits as a unit separately from other families.	The team uses developmentally appropriate alternative activities during Family Interaction Time.	The team includes Family Interaction Time every Week; the team is in charge instead of parents. <b>OR</b> The team does not include Family Interaction Time every week. <b>OR</b> The team uses developmentally inappropriate alternative activities during Family Interaction Time.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>Buddy Time</b>	The team includes Buddy Time as one-to-one adult time every	Buddy Time occurs every week for less than 15 minutes; no	Buddy Time every week with the team setting topic/agenda.

	week for 15 minutes with parents setting the agenda; parents take equal turns to listen (married couples are together). Single adults rotate between partners in order to meet at least 3-4 new adults over the course of the FAST cycle.	turn- taking/listening structure monitored. Single adults rotate less than 3-4 times with partners over the course of the FAST cycle.	<b>OR</b> Buddy Time does not occur every week. <b>OR</b> Buddy Time is not one-on-one.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>One-to-One Time</b>	One-to-One Time of parent and one youth occurs for 15 minutes w/o interruption; team coaches at the table with respect for parent; team reviews One-to-One Time rules and gives positive feedback to the parent in an unobtrusive way. The team is available to assist parent and youth to ensure successful interactions. Daily homework of One-to-One time is emphasized.	The other adult Partners coach youth and parents.  One-to-one rules are made available at each table.	Team doesn't explain how One-to-One Time is delivered. <b>OR</b> Homework never mentioned. <b>OR</b> Team sits in a corner and talks to each other, avoids coaching. <b>OR</b> Team lets 2- to-1 talk together. <b>OR</b> Parents ignore the teen.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>Parent Group and Kids Time</b>	Parent Partner and Community Partner co-facilitate Parent Group for 45 minutes (no staff paid by the school is present); parents set their own topics and agenda; no new members after week 3; 3 to 10 per parent group; mothers meet in hub groups; fathers meet across the hubs; grandmothers meet across hubs; priority of gender/culture match to lead groups.  Children activity time (60-75 minutes) facilitated by school staff, teachers, community representatives, volunteers, and recreational supports. Positive structured supervised activities are offered, with choices for small groups which are developmentally appropriate and positive and creative time; some quiet, some	Parent group is less than 40 minutes per week; more than 10 people in <b>the</b> room; no gender or culture match by parent group facilitator.	The team facilitates weekly Parent Group but with school personnel present and/or there is no parent partner in parent group. <b>OR</b> Parent Group is conducted less than every week. <b>OR</b> Didactic lectures or lead topics to teach parents in the group.

	active physically; babies are held.		
<b>Special Presentation</b>	0 Topic is chosen by parents during the 3rd week session. Presentation is given by the community based partners.	1 The funding source determines the overarching theme for the topic; however, parents are given the opportunity to choose a topic based on that theme. Any team member or community representative provides the presentation.	2 Team selects the theme of the presentation with no parent input. Presentation is not done with all of the families together.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>Graduation</b>	Graduation Ceremony theme is driven by parents. Principal is asked to participate in ceremony with parent permission. Personalized affirmations are read within the Parent Group. Parents write affirmations for youth. At parents' discretion, guests are invited to participate in FAST Graduation. Family certificates are presented to family through the parent(s).	Parents decide not to have a Graduation Theme. Neither principal nor guests attend the FAST Graduation. An additional week was used to conduct the graduation ceremony and complete surveys.	Parents are not given a choice about a graduation theme; team makes this decision. Team does not prepare personalized affirmations to read in Parent Group. Guests are allowed within Parent Group without participating parent permission being given. All of the FAST Components were not done on graduation night (excluding additional week added).
	<b>0</b>	<b>1</b>	<b>2</b>
<b>Incentives</b>	Team includes the reciprocal incentives package which must have both of the following: <ul style="list-style-type: none"> <li>• Meal is prepared by families in connection with winning as a family (each family wins once).</li> <li>• Transportation is free.</li> <li>• Infant care is on site.</li> </ul>	Team makes part of the meal while most is provided by the family who won gift basket as a family <b>OR</b> Team does not offer any incentive package: no raffle/lottery.	Meal is prepared by non-family. <b>OR</b> Winning as a family is due to chance. <b>OR</b> Gift winnings are not reciprocal with meal preparation. <b>OR</b> Other incentives included as charity: not reciprocally, not respectfully, or not fairly.
	<b>0</b>	<b>1</b>	<b>2</b>
<b>SUB-TOTALS</b>			
		<b>GRAND TOTAL:</b>	