

FAST® Early Childhood Education Program Integrity Checklist Core Components (40%)

	Ideal	Adequate	Drift
1. Values & Goals: Compliance	Team subscribes to values and goals of FAST; team discusses and each person signs Values. Values forms are on file at FAST Office (including replacements).	Team discusses and then signs Values Statement; but no signed forms at FAST Office. Replacements did not discuss values with the whole team.	Team does not subscribe to the values and goals of FAST; or no team discussion of values; or no signed Value Statements exist.
	0	1	2
2. Collaborative FAST Team: Compliance	<p>Minimum 4 per hub team (can serve up to 10 families): Year 1: 1 parent with child at that center/school who is not paid by the center/school, 1 teacher (or center/school staff), 2 community representatives: an expert in substance abuse/mental health, and a community organizer or community leader.</p> <p>Year 2: FAST Parent Graduates (2 or 3 per hub team) who are not employed by the center/school.</p> <p>Each School FAST Team must have a minimum of 1 teacher (or other center/school staff) and 2 community members.</p> <p>Required: Center/School FAST team must reflect and represent the participating families on race, ethnicity, language, religion, immigrant status, and social characteristics related to social exclusion.</p>	<p>4 team members trained per hub, but team member may be ill for a particular session.</p> <p>Cultural representation by the team of the families: if 50% or more of one ethnicity in the school, there is a minimum of 50% of the FAST school team with that same ethnicity.</p> <p>Community partners might fulfill function by a culturally representative elder without professional credentials, if they can carry out role of knowing community resources and help referring parents for intensive appropriate services.</p> <p>Year 2: FAST parent graduates were encouraged to help co-lead the hub teams, but there was only one per hub team, and others did not feel ready.</p>	<p>Non negotiable: Each Team does not include a minimum of one parent partner with children at that center/school who is not hired by the center/school.</p> <p>Each Center/School FAST team does not have a center/school partner, (preferably a teacher).</p> <p>Each school team does not have two community agency partners for making appropriate referrals.</p> <p>Or Hub teams do not have 4 trained Hub Team Partners for serving families.</p> <p>Or Team composition does not reflect socio-cultural-ethnic-language demographics of the participating families (50% plus in school for under 50% on the FAST trained team).</p>
	0	1	2
3. Frequency of FAST and FASTWORKS® meetings	<p>The team co-facilitates FAST multi-family group meetings at least weekly for 8 weeks--can offer more sessions. Weekly groups offered 2 times per school year: in the fall and in the spring.</p> <p>Team supports FAST graduate parents to lead monthly meetings for graduate families elementary level.</p> <p>Parent Graduates co-lead FAST groups with school and</p>	<p>Team conducts at least 8 weekly FAST meetings with 1 week off between meetings;</p> <p>Team can offer FAST 2x a week once to repair 2 week break.</p> <p>If there is a 2 week break, team has this break after week 3. If there is a 2 week break, team adds a 9th week to repair.</p> <p>Center/School FAST Team supports FAST parent graduates to become leaders to run</p>	<p>Team offers fewer than 8 weekly FAST meetings.</p> <p>Team allows more than 3 weeks break between the 8 weekly sessions without repair strategy.</p> <p>Team does not support parent graduates to gradually develop leadership to then lead monthly FASTWORKS sessions.</p> <p>Team does not support or fund monthly FASTWORKS sessions elementary level.</p>

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	community partners support. Teachers collaborate with FAST Parent Graduate leaders to offer monthly family activity nights for to all families.	monthly meetings and struggles with this transition despite attending FASTWORKS training.	Team members do not attend FAST or FASTWORKS training.
	0	1	2
4. Referrals vs universal and only voluntary	FAST is offered to all families and is ONLY voluntary. All families urged to come and try it once. More intense outreach and home visits offered to hesitant “hard to reach” parents. Center Partner referrals within context of universal invitation is acceptable.		Team accepts only teacher referrals for “at risk” children. Team allows for mandatory participation in FAST. Team knowingly accepts children and families who are court-ordered through child protection to attend FAST.
	0	1	2
5. Recruitment & Outreach	Agency Director/School Principal supports FAST and sends universal invitation letter to all parents. Center/School Partner encourage parents to try coming to FAST once. Team provides 15 minute minimum of one-to-one outreach to recruit each parent with face-to-face contact; visits are flexible on time & place for contact. Team offers repeat home visits to recruit “hesitant” parent, by the parent partner with or w/o a professional team member.	The team subscribes to a range of recruitment strategies, center/school letter, school pizza night, in-home recruitment, and varies outreach processes, which can be conducted by any of the collaborative hub team partners.	No center/school support from the director/principal or the center partners. The team does not subscribe to in-home recruitment. No FAST team members available to do outreach home visits for “hard to reach” parents.
	0	1	2

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6. FAST Activities SPECIAL PLAY One-on-One Time: Special Play: 10 min	<p>Core Activity of FAST at the elementary level is Special Play: One-to-one time of 1 parent and 1 FAST child for 10 minutes w/o interruption.</p> <p>Team coaches parent with respect, reviews rules of “responsive play” (follow the child’s lead; no teaching, no bossing, no criticizing) and gives positive feedback to the parent in unobtrusive way the child cannot hear.</p> <p>Any trained team partner (adult) can coach Special Play.</p> <p>Team emphasizes homework to do Special Play daily at home.</p> <p>Play boxes offer choice and are non-directive and attractive.</p>	<p>Only some team partners coach special play.</p> <p>Daily homework of Special Play for 10 minutes one-to-one time is not emphasized.</p> <p>Only minimal encouragement / coaching provided to a parent.</p>	<p>Team does not offer 10 minutes uninterrupted for Special Play.</p> <p>Team does not explain or coach how Special Play one-to-one time should be delivered.</p> <p>Team lets 2 adults and 1 child, or one adult and two children- do Special Play together.</p> <p>Homework never mentioned.</p> <p>Team lets parent ignore the FAST Child or lets parent boss, teach or criticize repeatedly, with no coaching.</p>
	0	1	2

7. FAST Activity Traditions for opening and closing the hub-group	<p>Each week includes routines at the start and at the ending which become FAST traditions: FAST Hello, FAST Song, family meal and later the FAST Closing Circle & then RAIN.</p> <p>These traditions are done with each team in a separate classroom, not as a whole school group.</p> <p>School Principal welcomes all families to FAST the first week either in each hub or in whole school setting.</p> <p>FAST graduation ceremony held as a whole school with School Principal, with graduation hats/diplomas to shape achievement/aspirations.</p>	<p>Culturally representative team adds additional local cultural traditions which are repeated each week at start and at end, e.g. cultural adaptations can be made to the greetings, the song and the closing.</p> <p>FAST traditions are done in a whole school group.</p>	<p>Team is inconsistent each week with none vs. some FAST traditions.</p> <p>School does not include any weekly FAST traditions at the beginning or the end: no FAST Hello, no FAST Song, no Circle with Announcements & no RAIN.</p>
	0	1	2

8. FAST Activity FLAG/ Family Symbol: first week	<p>The first week, team provides each participant family with choices for the materials, time, space and support to construct a Family Flag with a family picture holding the flag to be placed on the family table.</p>	<p>Team provides an opportunity for an alternative family craft activity to make a family symbol expressing local cultural norms.</p> <p>Team places flag on the table.</p> <p>If families join FAST up to the</p>	<p>Team does not provide each participant family the time, craft materials, space, support or coaching to construct a Family Flag/or symbol.</p>
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Family Craft: Week 2-8	<p>Team coaches parent(s) to be in charge of this activity to help each person to have a turn to put an item on the family flag.</p> <p>Weeks 2-8, team provides each participant family with choices for the materials and support to construct a Family Craft.</p>	<p>third week of FAST, team finds a way to help family make a family symbol.</p> <p>Families use their own supplies at home to create a family craft.</p>	<p>Team decides to skip the Family Craft weeks 2-8.</p>
	0	1	2
9. Special Reading	<p>Team provides the parents a book to read to their child.</p> <p>The team coaches the parents to find a quiet place to read to their child.</p> <p>Team coaches parents to read to their child dialogically for 5 minutes.</p> <p>Team coaches parent to hold their toddler in their lap, cuddling while the parent read helps the child feel safe, warm, and connected to their parent</p>	<p>Team coaches parents to read to their child for 5 minutes.</p> <p>Parent sits next to their toddler and read dialogically.</p> <p>Parents use their child's favorite book from home or another book from home.</p>	<p>Parents play and do not read to their child.</p>
	0	1	2
10: FAST Activity Parent Pairs: Buddy Time	<p>Parent and Community Partner provide quiet private space for one-to-one talk for pairs of adults every week for 15 minutes; each parent reviews the day and takes equal turns to listen without giving advice (couples/partners together as a pair); Team checks on turn taking.</p>	<p>Buddy Time every week for less than 15 minutes (5-14);</p> <p>Turn taking and listening is not structured.</p>	<p>Buddy Time with team setting the topic/agenda.</p> <p>Buddy Time not included every week.</p> <p>Buddy Time is not in pairs but in small groups of 3 or more</p> <p>School partner is present.</p>
	0	1	2
11. FAST Activity: Parent Group Talks and Children's Time Play	<p>Parent Partner and Community Partner co-facilitate Parent Group: 45 minutes (no staff paid by the school is present); parents set their own topics and agenda; no new members after week 3; 3 to 10 per parent group; mothers meet in hub groups; fathers meet across the hubs; grandmothers meet across hubs; priority of gender/culture match to lead groups.</p>	<p>Parent group time is less than 45 minutes per week;</p> <p>Parent groups have more than 10 people in room;</p> <p>No gender or culture match by parent group facilitator.</p> <p>Children's activities are not organized, under-resourced;</p> <p>Children activities are not developmentally appropriate</p>	<p>Weekly Parent Group hosted with school staff personnel present</p> <p>No parent partner in parent group.</p> <p>Parent Group is conducted less than every week</p> <p>Didactic lectures to parents</p> <p>Team chooses topics to teach parents in the Group.</p>

	<p>Children activity time (60-75 minutes) facilitated by school staff, teachers, community representatives, volunteers, and recreational supports</p> <p>Positive structured supervised activities are offered, with choices for small groups which are developmentally appropriate and positive and creative time; some quiet, some active physically; babies are held;</p> <p>Can produce a graduation show</p>		<p>Children are not supervised;</p> <p>Children's time is unsafe.</p> <p>TV or screen time is used for children's time</p>
	0	1	2
<p>12. FAST Incentives:</p> <p>Family Meal and Lottery basket and reciprocal cooking</p>	<p>Team has a reciprocal incentives package which must offer give and take:</p> <ul style="list-style-type: none"> • Each family is informed that they will win the lottery basket once over the 8 weeks: fixed Raffle/lottery • Raffle/Lottery basket is generous and appealing • Meal is prepared by the parents in connection with winning the fixed lottery (each family wins only once/cooks only once) • Parent selects one child to serve parent the meal • All adults are served first • Transportation is free • Infant-care is on site 	<p>Team makes part of the meal while most of the food is provided by the parent who wins the fixed Raffle/lottery.</p> <p>Team does not offer any incentive package: no meal and no Raffle/lottery.</p> <p>More reciprocal incentives added fairly for everyone.</p>	<p>Meal is prepared by non-family.</p> <p>Parent Meal not served by child,</p> <p>Raffle/Lottery is due to chance.</p> <p>Raffle/Lottery gifts are not reciprocal combined with meal preparation.</p> <p>Raffle/Lottery baskets not appealing.</p> <p>Other incentives included as charity, not reciprocally, or not respectfully, or not fairly.</p>
	0	1	2
Sub-Totals:			
	Grand Total:		